



COMPASS Remote Resource Guide

To follow is a collection of online resources that align with COMPASS program components. These resources are suggested remote learning tools and should be used at your agency's discretion. To find a variety of other online resources, please visit:

Generation NYC: Fun At Home

TABLE OF CONTENTS

Academic Enhancement	2
<u>Arts & Culture</u>	4
Healthy Living	7
Leadership	9
Physical Activity	12
Social Emotional Learning	14





Academic Enhancement 📍

Highlighted today is *EverFi*, an online resource we've spotlighted in this week's COMPASS Remote Resource Guide.

Primary Category	Resource Name	Address	Snapshot
Academic Enhancement	Arcademics	https://www.arcademics.com/	Provides academic games in various subjects.
Academic Enhancement	Arts Education	https://www.humbleisd.net/Page/135	Youth Friendly interactive Art websites
Academic Enhancement	Bamboo Learning	https://bamboolearning.com/	Amazon-based apps that can be enabled in Alexa-powered devices.
Academic Enhancement	Bedtime Math	http://bedtimemath.org/fun-math-at- home/_	Several lesson plans to support in non- screen time mathematics learning.
Academic Enhancement	Big History Project	<u>https://www.bighistoryproject.com/ho</u> <u>me</u>	An online social studies course emphasizing scaffoled learning as youth draw connections between past, present and future. (Literacy, STEM components depending on subject)
Academic Enhancement	EverFl	https://everfi.com/	Free online resources broken down by age range that cover a range of topics.
Academic Enhancement	Hands-on Cardboard Geodom e	https://www.make.do/blogs/makedo- makers/38999425-makedo-how-to- make-geodesic-dome_	Instructions on how to create a cardboard geodome at home. Great for hands-on learning!
Academic Enhancement	History/Cultural Tour: The White House: Washington D.C.	<u>https://artsandculture.google.com/par</u> <u>tner/the-white-house</u>	Allows viewers to take a look into historical rooms in the white house.
Academic			Create online LEGO models from templates, or design your own, all from





Academic Enhancement	New American History	https://learn.newamericanhistory.org/	Archives of history topics, broken down by reading level and subject matter.
Academic Enhancement	Oasis STEAM Challenges	https://social.oasismatters.com/feed	An online club promoting STEAM challenges for participants. Youth and/or parents have to sign up for the platform first to join in on the fun!
Academic Enhancement	Pixton	https://edu.pixton.com/solo	A creative resource where young people can come up with their own stories in comic book format. This detailed creative project can support youth in story-telling and literacy. (Literacy)
Academic Enhancement	Scholastic Learn at Home	https://classroommagazines.scholastic. com/support/learnathome.html_	Academic articles for various grade levels to promote daily reading for young people.
Academic Enhancement	Scratch	https://scratch.mit.edu/ideas	A programming language and an online community to create games, animations, or interactive stories, sponsored by the MIT Media Lab. (STEM)
Academic Enhancement	Seuss Ville	https://www.seussville.com/	Young learners will love the stories and interactive literacy games based in Dr. Seuss characters. (Literacy)
Academic Enhancement	Story-Telling Games	https://www.readbrightly.com/creative _storytelling-games-for-kids/_	Includes ideas to promote creativity in storytelling for young people. Great for a hands-on activity.
Academic Enhancement	Wonderopolis	https://wonderopolis.org/	Young people can learn about 2,000 plus wonders of the world and test their knowledge after reading or listening to various topics.





Arts and Culture 🗡

Primary Category	Resource Name	Address	Snapshot
Arts & Culture	Art Integration	https://www.oercommons.org/curated- collections/582_	Arts Integration is an approach to teaching in which students construct and demonstrate understanding through an art form.
Arts & Culture	Arts Edge	http://artsedge.kennedy- center.org/educators.aspx	Arts Edge is the Kennedy Center's free digital resource for teaching and learning through the Arts. It provides Art lessons, videos, how-to guides and many more for free.
Arts & Culture	CommonSense	https://www.commonsense.org/education/search ?contentType=flows_	These lesson plans are digitally focused and integrate a number of educational web tools and mobile apps to provide teachers with practical working examples of the effective use of technology in classroom.
Arts & Culture	Draw Space	https://www.drawspace.com/_	A free collection of online drawing classes contains dozens of illustrated lessons for beginning, intermediate and advanced artists. This collection of online drawing classes contains dozens of illustrated lessons for beginning, intermediate and advanced artists.
Arts & Culture	Google Earth Tour Builder	https://tourbuilder.withgoogle.com/	Tour Builder is a cool web tool that allows users to create narrative stories using text, graphics, pictures, videos and Google Maps. Tour Builder lets you pick the locations right on the map, add in





			photos, text, and video, and then share your creation.
Arts & Culture	How to Draw (basics)	http://www.drawingcoach.com/	This site, too, offers drawing lessons.
Arts & Culture	How To Draw It	https://www.howtodrawit.com/	This site also offers drawing lessons.
Arts & Culture	KinderArt	https://kinderart.com/grades/grades-6-8/	A great resource packed full of Art lessons for teenagers. Lessons are categorized by age, medium and grade.
Arts & Culture	Sound Trap	https://www.soundtrap.com/edu/	SoundTrap is an excellent collaborative platform for creating music and podcasts online. Several schools have already been implementing this tool in their projects to foster deep learning and develop student's creative, collaborative and communication skills.
Arts & Culture	Sutori	https://www.sutori.com/teachers_	A platform that allows the educator to bring a variety of works online to the youth live and direct.
Arts & Culture	Art activities	http://www.oercommons.org/courses/capturing- light-the-science-of-photography-beginning- level/view	Youth can learn different art activities with items from their home.
Arts & Culture	Arts Education	https://www.humbleisd.net/Page/135	Youth Friendly interactive Art websites
Arts & Culture	Arts Education	<u>http://artsedge.kennedy-</u> <u>center.org/educators/lessons/grade-</u> <u>5/Haunting_Music</u>	Youth Learn how to munipulate music and work with sound
Arts & Culture	Photography Introduction	http://www.oercommons.org/courses/capturing- light-the-science-of-photography-beginning- level/view	Youth learn about photography.





Arts & Culture	Exhibitions and Collections on Google Arts & Culture Platform: Musée d'Orsay: Paris	<u>https://artsandculture.google.com/partner/muse</u> <u>e-dorsay-paris?hl=en</u>	Take a look at all items in the collection, and enjoy a virtual tour through the museum!
Arts & Culture	Vincent Van Gogh	https://coe.nevada.edu/mphillips/index.htm	In Search of Vincent Van Gogh is a web quest where students form teams and complete the assignment as an Investigative Reporter, Art Critic and Suicide Prevention Expert.





Healthy Living 🖊

Two articles supporting in this time of crisis, how to talk to youth, and parents supporting youth in remote learning. <u>https://www.newyorkfamily.com/how-to-talk-to-kids-about-the-coronavirus-tips-from-an-expert-new-york/</u> https://www.psychologytoday.com/us/blog/its-all-relative/202003/helping-your-teen-succeed-remote-learning

Primary Category	Resource Name	Address	Snapshot
Healthy Living	American Foundation for Suicide Prevention	https://afsp.org/taking-care-of-your-mental-health-in- <u>the-face-of-</u> <u>uncertainty/?utm_source=newsletter&utm_medium=</u> <u>email&utm_content=this&utm_campaign=Benchmark</u> <u>s%3A%20Now%20what%3F</u>	Tips to protect mental health during times of uncertainty.
Healthy Living	American Psychological Association	https://www.apa.org/topics/resilience	A roadmap for adapting to life- changing situations, and emerging even stronger than before.
Healthy Living	Calm	https://www.calm.com/blog/take-a-deep- breath?utm_source=lifecycle&utm_medium=email&ut m_campaign=difficult_times_subs_031720	Regularly updated curation of meditations, sleep stories, music and more, all hand-picked to support mental and emotional wellness through this time.
Healthy Living	Center for Disease Control & Prevention	https://www.cdc.gov/coronavirus/2019- ncov/prepare/managing-stress-anxiety.html	Strategies to stress and cope as parents, those released from quaratine, and first responders.
Healthy Living	Headspace	https://www.headspace.com/covid-19	Meditations, sleep, and movement exercises to help during this time.
Healthy Living	KQED	https://www.kqed.org/arts/13876619/self-care-tips- to-get-you-through-the-new-coronavirus-normal	Self-care tips to deal with the new Coronavirus normal.
Healthy Living	National Child Traumatic Stress Network	https://www.nctsn.org/sites/default/files/resources/f act-sheet/outbreak_factsheet_1.pdf	A guide to helping families deal with COVID.





Healthy Living	New York State Office of Mental Health	https://omh.ny.gov/omhweb/covid-19-resources.html	A state website focused on managing anxiety and stress. You can also call 1- 844-863-9314 for more support.
Healthy	NYC Department of	https://coronavirus.schools.nyc/RemoteLearningDevic	Learn how to gain access to devices for
Living	Education	<u>es</u>	for remote learning.
Healthy	NYC Department of	https://www.schools.nyc.gov/school-life/food/free-	Details on where to get meals while
Living	Education	meals	schools are closed.
Healthy Living	Vibrant Emotional Health	https://www.vibrant.org/covid-19/	A trove of resources on mental health, managing anxiety, caring for behavioral health, and more.





Leadership 🕈

Primary Category	Resource Name	Address	Snapshot
Leadership	Annenberg Classroom	<u>https://www.annenbergclassroom.org/</u> -	Annenberg Classroom's free resources include over 65 videos on constitutional concepts and Supreme Court cases as well as games, lesson plans, timelines and more. (Grades 6-12)
Leadership	Be Internet Awesome with Google	<u>https://beinternetawesome.withgoogl</u> <u>e.com/</u>	Google's newly developed platform provides resources for educators to teach kids how to be safe online. To make the most of the Internet, kids need to be prepared to make smart decisions. Be Internet Awesome teaches kids the fundamentals of digital citizenship and safety so they can explore the online world with confidence (3-12)
Leadership	Digital Civics Toolkit	https://www.digitalcivicstoolkit.org/	The Digital Civics Toolkit is a collection of resources for educators to support youth to explore, recognize, and take seriously the civic potentials of digital life. (Grades 6-12)
Leadership	Digital Young Leaders Exchange Program - World Learning	https://dylep.org/_	The Experiment <i>Digital</i> , formerly known as DYLEP, is a fully-funded eight-week virtual exchange program for high school students from the United States and the Middle East region. (Grades 9-12)
Leadership	Ed.ted.com	https://ed.ted.com/daily_newsletter	To support the millions of students, parents and teachers affected by the COVID-19 pandemic, TED-Ed is working with expert educators and TED speakers throughout the world to create and share high-quality, interactive, video-based lessons on a daily basis, for free.





Leadership	Facing History and Ourselves	https://www.facinghistory.org/	Empowering teachers & students to think critically about history & to understand the impact of their choices. (Grades 6-12)
Leadership	Global Nomads Group	<u>www.gng.org</u>	Youth share stories, ideas, and information with global peers online. Youth learn about themselves and our world in new, meaningful ways. Youth become Global Nomads, curious about our world. (Grades 6-8)
Leadership	iCivics	https://www.icivics.org/	iCivics exists to engage students in meaningful civic learning. They provide teachers with well- written, inventive, and free resources that enhance their practice and inspire classrooms.
Leadership	iEARN USA	https://us.iearn.org/	iEARN-USA is a member of iEARN (International Education and Resource Network), the world's largest, most experienced online K-12 non-profit network that enables young people worldwide to use the internet and digital m constructively edia to collaborate on educational projects. (Grades K-12)
Leadership	MY HERO	https://myhero.com/	Discover & share inspiring stories, art, & films. Join millions of teachers, students & media producers taking part in MY HERO.
Leadership	National Geographic Education	http://www.nationalgeographic.org/ed ucation/_	At National Geographic, we teach kids about the world and how it works, empowering them to succeed and to make it a better place. (Grades K- 12)
Leadership	National Geographic Kids	https://kids.nationalgeographic.com/_	Find amazing facts about animals, science, history and geography, along with fun competitions, games and more (Grades K-12)





Leadership	PenPal Schools	https://www.penpalschools.com/	PenPal Schools connects students from 150 countries through project based learning. (Grades 6-12)
Leadership	Soliya	https://www.soliya.net/	Soliya is an international nonprofit organization preparing the next generation with the skills, attitudes, and commitment to engage with difference. (High School+)
Leadership	TED Student Talks Program	https://ed.ted.com/student_talks	The TED Student Talks Program supports students as they discover, explore and present their big ideas in the form of short, TED-style talks.
Leadership	The GLOBE Program	https://www.globe.gov/about/overvie <u>w</u>	GLOBE, or the Global Learning and Observations to Benefit the Environment Program, is expands the idea of science and diplomacy. (Grades 3-12)





Physical Activity *****

Primary Category	Resource Name	Address	Snapshot
Physical Activity	10 minute workout for teens	https://www.youtube.com/watch?v=pj4TVbnlEgk	A quick 10 minute full body workout for teens without equipment
Physical Activity	15 Easy and Exciting Indoor Physical Education Ideas	https://thedeliberatemom.com/indoor-physical- education-ideas/_	Fun educational ideas for homeschoolers.
Physical Activity	25 Exercise Games and Indoor Activities to get children moving:	https://mommypoppins.com/newyorkcitykids/25- exercise-games-indoor-activities-for-kids	In door exercises children can do at home.
Physical Activity	40 Child friendly Chair Yoga Poses	<u>https://www.kidsyogastories.com/chair-yoga-</u> <u>poses/</u>	A list of basic chair yoga poses that could be used in the classroom, homeschool or in small spaces.
Physical Activity	Breathing Exercise for Children	https://childhood101.com/fun-breathing- exercises-for-kids/_	Fun breathing exercise for children to help them manage their emotions with pictures.
Physical Activity	Fitness-health Apps for teens	https://www.teenvogue.com/story/health-fitness- apps_	7 health and fitness apps suggested for teens.
Physical Activity	Fun Indoor Exercises for Children	<u>https://littlebinsforlittlehands.com/get-moving-</u> <u>kids-exercises-gross-motor-play/</u>	Simple ways for children to burn some energy.
Physical Activity	Homeschool PE Activities	https://www.thehomeschoolmom.com/homescho ol-lesson-plans/physical-education/_	In door physical activities with links to external resources.





Physical Activity	Pilates for Children	https://www.youtube.com/watch?v=FHXcR7Pjwyg &list=PL1RZJPkJqudqaDkj9HA3P7X84SeWmNyam -	YouTube playlist of Pilate exercise for children
Physical Activity	Yoga Ed.	https://www.youtube.com/channel/UCZkbiujyDoX <u>qoPPr5D74I7A</u>	YouTube Channel that offers yoga classes for Children, Teens and Adults.





Social Emotional Learning 🕈

Primary Category	Resource Name	Address	Snapshot
Social Emotional Learning	BrainPOP	www.brainpop.com	SEL and Health - K-12 animated short films, quizzes, learning games
Social Emotional Learning	Centervention	www.centervention.com	SEL online games to improve SEL skills K-8
Social Emotional Learning	Collaborative for Academic, Social Emotional Learning (CASEL)	www.casel.org	SEL Resources for educators from PreK-HS including specific resources during COVID-19
Social Emotional Learning	Committee for Children	www.cfchildren.org	SEL Classroom Activities, bullying prevention including specific resources during COVID-19
Social Emotional Learning	Common Sense	https://www.commonsense.org/education/toolkit/social- emotional-learning	SEL worksheets and lesson plans, resources for families
Social Emotional Learning	Sanford Harmony	www.sanfordharmony.org	No-cost social emotional learning program, webinars and training for at home learning, schools and districts
Social Emotional Learning	Share My Lesson	sharemylesson.com/collections/social-and-emotional- learning	SEL learning resources, lesson plans and webinars